

CATERING MENU

BREAKFAST QTY

MINI FRITTATA PLATTER

Smoked Bacon, Caramelized Onion, Marinated Feta and Spinach
14 Pieces \$40 GF
(Vegetarian Options Available)

LARGE FRITTATA PLATTER

12 Pieces \$75 GF
(Vegetarian Options Available)

SLIDER PLATTER

- Bacon, Lettuce, Tomato
- Chipotle Scrambled Eggs and Smashed Svocado
- Smashed Avocado, Hummus, Arugula

12 Pieces \$60

BACON & EGG ROLL

Smoked Rindless Bacon, Free Range Egg, Milk Bun with Sauce (Tomato, BBQ)
\$9 Each

BREAKFAST BURRITO

Three Egg Whites, One Yolk, Halloumi, Spicy Chipotle, Avocado, Baby Spinach, Black Beans, Low Carb Wrap
\$10 Each

SAVORY CROISSANTS PLATTER

- Smoked Ham and Tasty Cheese
- Tomato and Tasty Cheese

12 Pieces \$75

MINI MUFFIN PLATTER

Muffin of the Day
12 Pieces \$40

BREAKFAST QTY

BAKERY OPTIONS

Banana Bread \$4.5 each / \$25 x 6
Chocolate Croissants \$4.5 each / \$25 x 6
Custard Croissants \$4.5 each / \$25 x 6
Plain Croissants \$4 each / \$20 x 6
Basil & Mozzarella Sticks \$6 each / \$30 x 6

SEASONAL FRUIT SKEWERS

12 Pieces \$65

FRUIT PLATTER

Mixed Seasonal Fruit
\$10pp, Minimum 5 People

YOGHURT & GRANOLA PLATTER

Our Own Toasted Granola, Low Fat Yoghurt with Fresh Berries Served in Individual Jars
12 Serves \$75
Dairy Free Option (Coconut Yoghurt) 12 Serves \$82

BIRCHER MUSELI PLATTER

Toasted Museli, Low Fat Yoghurt, Fresh Squeezed Apple Juice and Fresh Berries
12 Serves \$65

COCONUT CHIA

PUDDING PLATTER
Low Fat Yoghurt, Fresh Blueberries, Chia Seeds and Toasted Coconut
12 Serves \$65

FRESHLY SQUEEZED JUICE 500ml \$7

THE DEFENDER Apple, Ginger, Passionfruit
VITAMIN KING Pineapple, Mint, Orange
THE GROUNDER Orange, Carrot, Ginger
GREENED OUT Apple, Cucumber, Lime
CITRUS HEALER Orange, Lime, Lemon

LUNCH QTY

WRAPS

\$10.9 Each, Minimum Order 6

Chicken Rainbow Wrap
Grilled Chicken Breast, Beetroot Hummus, Spinach, Grated Carrot, Herb Mayo

Ham & Cheese Wrap
Smoked Leg Ham, Swiss Cheese, Baby Cos lettuce, Fresh Tomato and Dijon Aioli

Tuna & Sweet Corn Wrap
Tuna, Sweet Corn, Mayo, Cracked Black Pepper with Fresh Rocket Leaves

Roasted Cauliflower
Turmeric Roasted Cauliflower, Chickpeas, Labneh, Sumac, Spinach and Gremolata

MIXED SLIDERS PLATTER

12 Pieces \$60
(same fillings as above)

CHEESE BURGER SLIDER PLATTER

Wagyu Beef Patty, American Cheese, Lettuce, Tomato, Tomato Ketchup and Mustard
12 Pieces \$80

CRUMBED CHICKEN

SLIDER PLATTER
Crumbed Chicken Breast, Lettuce, Tomato, Our Own Smoky BBQ Sauce
12 Pieces \$75

LUNCH QTY

SALADS

Small Share 4-5ppl \$45
Large Share 8-10ppl \$85

Crumbed Caesar
Crumbed Chicken Breast, Baby Cos Lettuce, Grass Fed Bacon, Parmesan, Caesar Dressing

Organic Quinoa
Quinoa, Chickpeas, Baby spinach, Marinated Feta, Hummus, Goats Curd, Dukkah

Roasted Pumpkin & Prosciutto
Roasted Pumpkin, Arugula, Dutch Feta, Toasted Walnuts and Prosciutto Dressed with Olive Oil

CRUMBED CHICKEN BOX

Crumbed Chicken Breast with Hot Sauce Aioli and Fresh Lemon Wedges
14 pPeces \$45

COLD MEAT PLATTER

Selection of Sliced Hand Crafted Charcutiere, Cornichon's, Lavash and Marinated Olives
\$10pp, Minimum 6 ppl

CHEESE PLATTER

Selection of Artisan Cheese, Lavash, Cornichon's, Marinated Olives and Quince Paste
\$10pp, Minimum 6 ppl

SOFT DRINKS QTY

COKE \$4
DIET COKE \$4
GINGER BEER \$4
LEMON, LIME & BITTERS \$4
KOMBUCHA GINGER LEMON \$5.5
KOMBUCHA PEACH \$5.5

WATER QTY

STILL WATER 600ml \$3
SAN PELLEGRINO 250ml \$4
SAN PELLEGRINO 500ml \$6